



MARSAI CLINIC

Center for Neurodiversity & Integrative Mental Health

Patient Onboarding Guide
Dr Saibal Guha & Team

Your Care Journey at Marsai Clinic

A step by step guide to starting your assessment and psychiatric care

At **Marsai Clinic**, we are committed to providing thoughtful, neuro affirming psychiatric care and diagnostic profiling tailored to your unique circumstances. Marsai Clinic operates as an integrated group practice housing three Consultant Psychiatrists alongside specialised neuromodulation (TMS) services. Below is an outline of how to begin your journey with Dr Saibal Guha and our clinical team.

Step 1: Understand Your Needs & Explore Our Services

Start by visiting our official website to learn more about our clinical focus areas, including Adult ADHD, AuDHD, mood stabilisation, and neurodiversity coaching. Reviewing this information will help you confirm whether Dr Guha's clinical expertise aligns with your current personal goals.

Official Website: <https://saicotalk.com.au/>

Step 2: Consult Your Nominated GP for a Referral

Book an appointment with a General Practitioner who understands your health journey. Discuss your goals with your GP and request a formal referral addressed to Dr Saibal Guha at Marsai Clinic.

Your GP clinic can send the referral directly to us via either of the following secure channels:

Email: reception@marsaiclinic.com.au

Secure Electronic Transfer: Medical Objects

Step 3: Clinical Vetting & Referral Review

Once received, your referral is thoroughly vetted and reviewed by Dr Guha. This step ensures our practice is the most suitable clinical setting to support your specific presentation and embedded care needs safely and effectively.

Step 4: Determining Your Care Pathway

Depending on your clinical needs, your GPs' recommendations, your personal preferences, and our clinic capacity, care generally proceeds along one of two structured pathways:

Path A: Comprehensive One Off Assessment

A detailed diagnostic assessment (such as under Medicare Item 291) providing a comprehensive Management Plan to your referring GP to guide your ongoing primary care.

Path B: Ongoing Psychiatric Care

Active, continuous psychiatric management and therapeutic reviews with our specialist team, tailored to complex or evolving clinical presentations.

Step 5: Reception Contact & Booking

Once your referral is accepted, our reception team will reach out to you directly to arrange your intake details and schedule your appointment. Please bear with us as we work through current referrals.

Contact & Practice Details

Location: Suite 5, 187 Middle Street, Cleveland QLD 4163
Email: reception@marsaiclinic.com.au
Secure Electronic Transfer: Medical Objects
Website: <https://saicotalk.com.au>
Facebook: <https://www.facebook.com/marsaiclinic>



We look forward to supporting you on your path to clarity, functional recovery, and well being.